

**Better care.
Better results.**




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**POST-OPERATIVE
REHABILITATION**

AT HOME

About Better At Home

The Better Rehab At Home program is designed for eligible health fund members who have undergone or are about to undergo elective hip and knee replacement surgery.

As an alternative to inpatient rehabilitation or day-only rehabilitation/outpatient services, Better At Home allows you to fully focus on your rehabilitation and recovery in the comfort of your own home.



BETTER BENEFITS



Technology-Enabled Monitoring

Our expert Physiotherapists utilise a range of systems to monitor your progress and ensure the program meets your individual needs.



Expert Support

We have developed this program with one of the largest orthopaedic facilities in the Southern Hemisphere, as well as leading Specialists and Allied Health professionals.



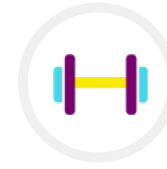
Extensive Network Coverage

We cover major metropolitan areas as well as regional and remote areas in Australia.



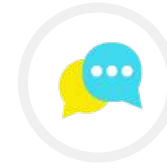
No Associated Travel Costs

Better Rehab Physiotherapists will come to your home or support you remotely, saving you time and costs on travel.



Complimentary Equipment Package

Your Physiotherapist will work with you to determine which equipment is best suited to your post-surgical needs.



Continuous Communication

We will ensure that your progress is appropriately and consistently communicated to your Surgeon and GP. If you have any questions at all, our friendly Admin team is just a call or email away!



Personalised Physiotherapy Program

You will be assigned a dedicated Physiotherapist who will work closely with you and your surgical team to devise a rehabilitation and recovery plan tailored to your needs and goals.

